



First Congregational Church of Long Beach

UNITED CHURCH OF CHRIST

A Liberal Church, Welcoming of All, Passionately Committed to Social Justice

Writing the Sacred

A journaling, poetry and psalm-writing workshop



Led by Ray McGinnis, poet and psalm enthusiast. Ray has taught over 6,000 people how to write prayers, poetry and autobiographies, all the while guiding them to bring their whole heart, mind and spirit to the process.

How can we nurture our relationship with God and be more present to the sacred in the ordinary? At our *Writing the Sacred* workshop, you'll be invited to a fresh encounter with the cries of the spirit expressed by the writers of the Hebrew Psalms. Author Ray McGinnis will explore spiritual poetry, including the Psalms, St. Francis of Assisi, Rumi, and Mary Oliver, who will serve as catalysts for your own thinking, poem-making and new psalm-writing. No previous writing experience necessary!

Copies of Ray's book, Writing the Sacred, will be available for purchase and signing (\$20)

Saturday, February 27, 2010 - 10 a.m. to 12:30 p.m.

Cost for the workshop is \$15, payable at the door.

Please register no later than February 24, 2010 by phone, mail or email:

First Congregational Church of Long Beach
241 Cedar Avenue, Long Beach, CA 90802
562-436-2256, ext. 221; office@firstchurchlb.org

Free Parking at Third and Cedar (spots marked "Church Reserved")

Visit us on the web at
www.firstchurchlb.org